

## **Things to Bring to Resort Camp**

**4 camp outfits (shirt, shorts)**  
**Sports bras (bring one to match the color of each shirt)**  
**New Cheer shoes**  
**Ankle socks (plain white, at least 5 pairs, the sock MUST show)**  
**Booty shorts (bring the ones we purchased you and bring extra)**  
**All Cheer Uniforms**  
**Poms**  
**Pj's**  
**Undies (bring extra)**  
**Swimsuit (appropriate)**  
**Pillow (only if you don't want the hotel pillow)**  
**Flip flops/water shoes (for the water park)**  
**Deodorant/body spray**  
**Soap/Shampoo/conditioner (if you don't want to use the hotel one)**  
**Razors/shaving cream**  
**Make-up**  
**Hair dryer (if you don't want to use the hotel one)**  
**Curling iron/straightener**  
**Brush/comb**  
**Ponytail holders/clips/bobbie pins**  
**Hair ribbons/black and gold bow**  
**Tampons/pads**  
**Sunscreen/bug repellent**  
**Lotion/sunscreen**  
**Toothbrush/toothpaste**  
**Hairspray**  
**Water bottles**  
**Snacks for your room (you don't need much but you will need breakfast for each day)**  
**Advil/Midol/allergy medicine**  
**Tape/pre-wrap**  
**Chapstick**  
**Money (for spirit shop and food)**  
**Icee hot/heating pads**  
**Braces for any injuries (even if it is not currently injured)**  
**Spirit buddy/coach gift**  
**Sack Lunch (for the day we leave, we won't have our first meal there until dinner)**  
**Do not bring ANY jewelry or anything of value**  
**No room decorations (unless it is something that does not stick to the wall)**  
**POSITIVE ATTITUDES (you will need it)**  
**\*Remember this is a school sponsored trip, so DO NOT bring anything that can get you removed from the team and in trouble with the school!!!!**